

Presentation to the Lindsay City Council on May 28, 2028







June 11 - June 27, 2024

Friday

6:30 p.m. - 8:30 p.m.

Saturday

1:00 p.m. - 4:00 p.m. 6:30 p.m. - 8:30 p.m.

Sunday

1:00 p.m. - 4:00 p.m.

Cost: 52.00 Per Person

June 28 - August 4, 2024

Tuesday - Sunday

1:00 p.m. - 4:00 p.m.

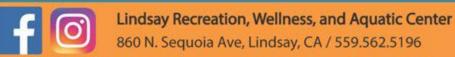
Friday & Saturday

6:30 p.m. - 8:30 p.m.

*On "Dive In Theatre" night the Pool will Open at 7:30 p.m. / June 28 and July 19 / \$3.00.

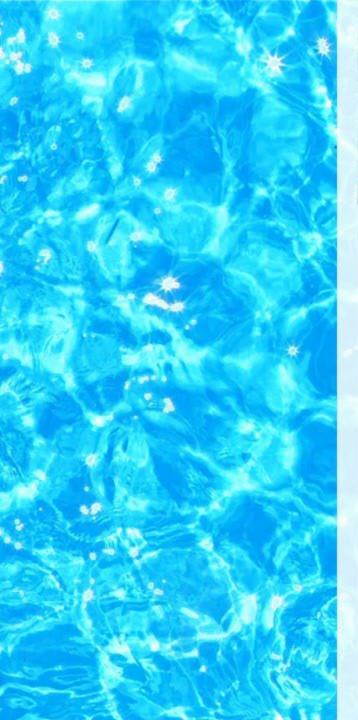
POOL RENTAL: Saturdays & Sundays

Call the Recreation Services Department for Availability & Pricing.











GROUP LESSONS & CLASS FEE

Group lessons provide a social environment for learning to swim. Classes are kept small to maximize student learning with a ratio of at most 2 - 4 students to 1 instructor. All Group sessions are Tuesday - Friday for 2 weeks.

SCHEDULE

Session I June 11 - June 21 Session II June 25 - July 5 Session III July 9 - July 19 Session IV July 23 - August 2

COST

Group Lessons: \$64,00 per 2 weeks. *\$5.00 discount for 2nd child / same family.

10:15am - 10:45am

9:30am - 10:00am

Sea Turtle Sea Turtle Seahorse Seahorse Dolphin Dolphin Stingray Stingray Shark Swordfish

11:00am - 11:30am

11:45am - 12:15pm Sea Turtle Sea Turtle Seahorse Seahorse Dolphin Dolphin Stingray Stingray Shark Shark

PRIVATE LESSONS & CLASS FEE

Private lessons are for those who prefer individual instruction (one-on-one with a swim instructor, All Private sessions are Monday - Friday for 1 week.

SCHEDULE

Session I June 17 - June 21 Session II June 24 - June 28 Session III July 8 - July 12

Session IV July 15 - July 19 Session V July 22 - July 28

TIMES

4:30pm - 5:00pm 5:15pm - 5:45pm

Private Lessons: \$75.00 per 1 week session. *\$5.00 discount for 2nd child / same family

Register NOW at:

860 N. Sequoia Avenue, Lindsay, CA 93247 SPOTS ARE LIMITED! (559) 562-5196



Seal Pups

"Parent & Me". Opportunity for parent and child to play together in the water. No real instruction provided.

Sea Turtle



(Ages 3 - 5) Introductory to water. Increased emphasis on applicable water skills. Acquaint them with the pool and give them confidence in their own ability in the water. This class is not designed to teach children to become accomplished swimmers nor should it be considered a "drown-proofing" program.

Seahorse



(Ages 4 & up): Introductory swimming skills; children with no previous experience in the water who are ready to learn. During this class, children are taught the basic elements of swimming including holding breath. buoyancy and movement. This class is not designed to be considered a "drown-proofing" program.

Dolphin



(Ages 5 & up): Beginning swimming skills re-enforced with an ultimate goal of a 15-yard unassisted crawl stroke swim.

Stingray



(Ages 5 & up): (Open to students who successfully completed the Beginner course or able to swim a 15 yard crawl stroke with proper breathing technique) Focus on techniques of crawl stroke, introduction of elementary backstroke and underwater swimming.

Swordfish



(6 & up): (Open to students who successfully completed the Advanced Beginner course) Intermediate course provides the student an opportunity to improve upon the individual swimming skills and endurance. Focus on new strokes such as breast-stroke and competitive backstroke.

Shark



Work on distance & technique of all strokes, gain endurance treading water and learn side stroke. Pre-requisite: Successful completion of Intermediates.

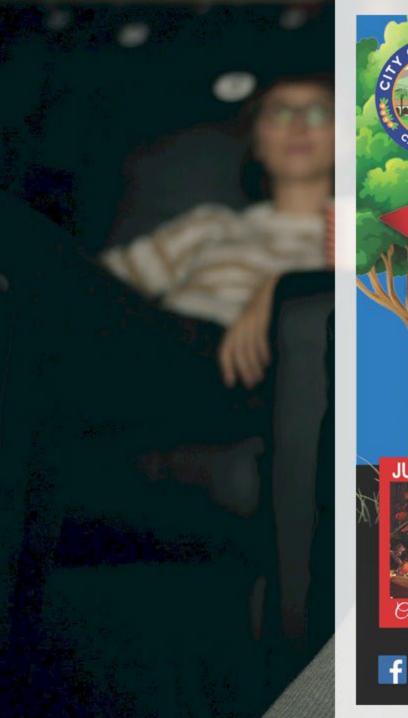


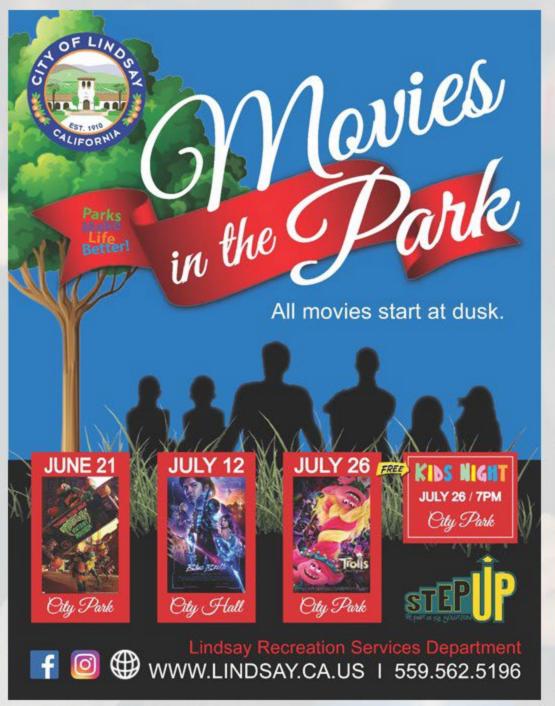
























MEMBERSHIPS

CONTRACTS

1 Year Contract: \$23.00

1 Year Medicare: \$20.00

ENROLLMENT FEE: \$39.00 / CANCELLATION FEE: \$23.00

NON-CONTRACTS

Monthly: \$30.00

Monthly Medicare: \$25.00

• 3 Month Swim: \$55.00

One Day Pass: 5.00



FITNESS SCHEDULE

MONDAY

Strength & Balance Chair Class Zumba

TUESDAY

Yoga Reset/Rewind Zumba Gold Pound

WEDNESDAY

Strength & Balance Chair Class Zumba

THURSDAY

Beginner's Yoga Zumba Indoor Cycling Pound Unplugged

FRIDAY

Yoga Reset/Rewind Strength & Balance Chair Class Zumba

SATURDAY

Zumba

LAP SWIM: 5am - 3:30pm / THERAPY POOL: Monday: Friday 7:30am - 5pm & Saturday 7am - 11:45am









