



LINDSAY WELLNESS CENTER PROGRAMMING COMMITTEE REGULAR MEETING AGENDA

Lindsay Wellness Center, 860 N. Sequoia Ave, Lindsay, CA 93247

Notice is hereby given that the Lindsay Wellness Center Programming Committee will hold a Regular Meeting on **April 20, 2026**, at **6:00 p.m.** in person and via webinar. The webinar address for members of the public is <https://zoom.us/j/97657372667>. Those who would like to make a public comment during the public comment portion of the agenda may do so by utilizing the raise hand feature or indicating they would like to comment in the chat.

1. CALL TO ORDER

2. ROLL CALL

Present	Armando M. da Silva, Director of Parks and Recreation Gustavo Arredondo, Recreation Coordinator Dennis Doanne, LLHD Board Member Kuyler Crocker, City of Lindsay, City Manager Laura Cortes Soria, Ad-Hoc Member Joe Soria, Mayor Pro Tem
Absent	City of Lindsay Councilmember, Yolanda Flores Stephanie Velasquez, Ad-Hoc Member Ivet Soria, LLHD Board Member

3. APPROVAL OF AGENDA

1st	2nd	Approved
Soria, Joe	Doanne, Dennis	

4. PUBLIC COMMENT

The public is invited to comment on any subject under the jurisdiction of the Lindsay Wellness Center Programming Committee. Please note that speakers that wish to comment on a Regular Item or Public Hearing on tonight's agenda will have an opportunity to speak when public comment for that item is requested by the Chairperson. Comments shall be limited to three (3) minutes per person, with thirty (30) minutes for the total comment period, unless otherwise indicated by the Chairperson. The public may also choose to submit a comment before the meeting via email. Public comments received via email will be distributed to the Committee prior to the start of the meeting and incorporated into the official minutes; however, they will not be read aloud. Under state law, matters presented under public comment cannot be acted upon by the Committee at this time.

5. PRESENTATIONS

5.1 Wellness Center Events and Programming Update

Presented by Armando M. da Silva, Director of Recreation & Gustavo Arredondo, Recreation Coordinator

- Armando shared that we have added an additional Zumba class on Tuesdays at 5:15PM

and Saturdays at 8:15AM

- The Department is looking at potential offerings including Tai Chi and Spin Cycle Classes
- Current Zumba Instructor “Eva” has near full classes
- The Wellness Center now has an official and certified Personal Trainer, Brenda
- In partnership, the Wellness Center will have a Gym Orientation on the first Thursday of the month at 6:30PM
- Swim Lesson registration will go live in May and lessons will begin in July. Previous enrollment trends have shown that private and group lessons fill up fast.
- Tiny Spikers and Youth Volleyball will begin late July.

5.2 Wellness Center Memberships Update

Presented by Gustavo Arredondo, Recreation Coordinator

- Gustavo presented membership data for January 2026 – April 2026. All purchased and currently active memberships were presented with a total of 753 and 8,980 check-ins.
- Dennis Doanne asked what contributed to a 22% member increase. Kuyler Crocker shared we introduced Employee Memberships that account for about 40 memberships.
- Laura Cortez asked potential partnership with LHS Red Zone.
- Gustavo shared there has been an increase in membership participation during the day.

5.3 Wellness Center Facility Improvements/Capital Outlay Projects Update

Presented by Armando M. da Silva, Director of Recreation

- City Manager approved pool deck refurbishments including pool deck plans and improvements with potential of repairing the Chemical Room.
- Armando shared that the Department was looking into parking lot improvements including a slurry seal.

6. **CONSENT CALENDAR** Routine items are approved in one motion unless an item is pulled for discussion.

6.1 Minutes from July 21, 2025, Regular Meeting of the Lindsay Wellness Center Programming Committee.

7. **ACTION ITEMS**

None

8. **DISCUSSION ITEMS**

8.1 Update on Omni Family Health

9. **REQUEST FOR FUTURE ITEMS**

Committee requests for future agenda items, can be called for by any Committee Member during the ‘Request for Future Items’ section of a regular meeting. Immediately following the request of an item, a

vote will be taken on the item. If a majority of the Committee supports further study of the item, then a full staff analysis will be prepared within a reasonable time as determined by the Director of Recreation unless otherwise directed by a majority of the Committee. Discussion shall be limited to whether an item should be added to an agenda, not the merit of the item.

- Omni Health update
- Request to repurpose second floor

10. ADJOURNMENT

Lindsay Wellness Center Programming Committee meetings are held on the second Monday of every month unless otherwise noticed. Materials related to an Agenda item submitted to the legislative body after distribution of the Agenda Packet are available for public inspection in the office of the City Clerk during normal business hours. Complete agenda is available at www.lindsay.ca.us. In compliance with the Americans with Disabilities Act & Ralph M. Brown Act, if you need special assistance to participate in this meeting, or to be able to access this agenda and documents in the agenda packet, please contact the office of the City Clerk at (559) 562-7102 x 8034. Notification 48 hours prior to the meeting will enable the City to ensure accessibility to this meeting and/or provision of an alternative format of the agenda and documents in the agenda packet.