

GROUP LESSONS & CLASS FEE

Group lessons provide a social environment for learning to swim. Classes are kept small to maximize student learning with a ratio of at most 2 - 4 students to 1 instructor. All Group sessions are Tuesday - Friday for 2 weeks.

SCHEDULE

June 11 - June 21 Session I June 25 - July 5 Session II Session III July 9 - July 19 Session IV July 23 - August 2

COST Group Lessons:

\$64.00 per 2 weeks. *\$5.00 discount for 2nd child / same family.

9:30am - 10:00am

Sea Turtle Seahorse Dolphin Stingray Shark

Sea Turtle Seahorse

10:15am - 10:45am

Dolphin Stingray Swordfish

11:00am - 11:30am

Sea Turtle Seahorse Dolphin Stingray Shark

11:45am - 12:15pm

Sea Turtle Seahorse Dolphin Stingray Shark

PRIVATE LESSONS & CLASS FEE

Private lessons are for those who prefer individual instruction (one-on-one with a swim instructor. All Private sessions are Monday - Friday for 1 week.

SCHEDULE

Session I Session II Session III July 8 - July 12 Session IV July 15 - July 19 Session V July 22 - July 26

TIMES

June17 - June 21 June 24 - June 28

4:30pm - 5:00pm 5:15pm - 5:45pm

Private Lessons: \$75.00 per 1 week session. *\$5.00 discount for 2nd child / same family

Register NOW at:

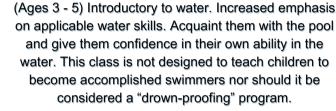
860 N. Sequoia Avenue, Lindsay, CA 93247 SPOTS ARE LIMITED! (559) 562-5196





"Parent & Me". Opportunity for parent and child to play together in the water. No real instruction provided.

Sea Turtle



Seahorse

(Ages 4 & up): Introductory swimming skills; children with no previous experience in the water who are ready to learn. During this class, children are taught the basic elements of swimming including holding breath, buoyancy and movement. This class is not designed to be considered a "drown-proofing" program.

Dolphin

(Ages 5 & up): Beginning swimming skills re-enforced with an ultimate goal of a 15-yard unassisted crawl stroke swim.

Stingray



(Ages 5 & up): (Open to students who successfully completed the Beginner course or able to swim a 15 yard crawl stroke with proper breathing technique) Focus on techniques of crawl stroke, introduction of elementary backstroke and underwater swimming.

Swordfish

(6 & up): (Open to students who successfully completed the Advanced Beginner course) Intermediate course provides the student an opportunity to improve upon the individual swimming skills and endurance. Focus on new strokes such as breast-stroke and competitive backstroke.

Shark



Work on distance & technique of all strokes, gain endurance treading water and learn side stroke. Pre-requisite: Successful completion of Intermediates.

